

Human growth, development, and sexual health

Grades 6-8

ESSENTIAL LEARNINGS ARE SAME AS HS

(The ELs are the standards for the sex edu units in Secondary)

Essential Learning 1	
<i>Students will understand human growth and development regarding sexual health.</i>	
Knowledge Expectation	Skill Expectation
<ul style="list-style-type: none"> Learn about the changes experienced by self and others during childhood and adolescence. Understand sexual growth and development including the anatomy and physiology of reproduction. 	<ul style="list-style-type: none"> Describe medically accurate anatomy and physiology of sexual and reproductive organs. Describe the physical, social, cognitive, and emotional changes that can occur during puberty. Explain the elements for proper personal hygiene as body changes are experienced.
Example activities or lesson topics: -	

Essential Learning 2	
<i>Students will understand healthy and safe relationship characteristics and differentiate from unhealthy relationship characteristics.</i>	
Knowledge Expectation	Skill Expectation
<ul style="list-style-type: none"> Understand how to establish and maintain healthy relationships. Learn the signs of intimate partner violence and the importance of safely getting help for self and others. Understand the impact of power differences (which result from differences in age, social status, or position) within relationships. 	<ul style="list-style-type: none"> Describe healthy and safe relationship characteristics. Practice evaluating the health of relationships. Communicate how to safely get help for self or others if involved in an unhealthy relationship.
Example activities or lesson topics: -	

Essential Learning 3	
<i>Students will understand consent.</i>	
Knowledge Expectation	Skill Expectation
<ul style="list-style-type: none"> Understand the rights and responsibilities of youth regarding sexual behaviors and sexual health, including applicable laws. 	<ul style="list-style-type: none"> Practice types of verbal and nonverbal affirmative consent. Demonstrate asking for consent in a variety of scenarios. Demonstrate giving and refusing consent in a variety of scenarios. Practice communicating with trusted adults about forms of sexual violence.

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Example activities or lesson topics:
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Essential Learning 4	
<i>Students will understand safe sex practices. SAME K.E. & S.E. AS HS</i>	
Knowledge Expectation	Skill Expectation
<ul style="list-style-type: none"> • Understand abstinence as an effective method of protection from STIs and unintended pregnancy. • Understand methods to prevent unintended pregnancy and STIs, including HIV (e.g., internal, and external condoms, dental dams), and their effectiveness, and risks. • Understand signs of pregnancy, the importance or pre- and post-natal care (FASD, NAS, SIDS) • Learn the myths and facts surrounding pregnancy and birth control. • Understand types of emergency contraception including abortion. * 	<ul style="list-style-type: none"> • Summarize the benefit of abstinence as the most effective method of protection from STIs and unintended pregnancy. • Summarize ways to prevent STIs and unintended pregnancy. • Explain where to find health services for obtaining tests for STIs and HIV. • Discuss the risk factors and warning signs of STIs. • Recognize early signs of pregnancy and importance of pre- and post-natal care. • Identify the benefits of talking with parents and other trusted adults about sexual health. • Demonstrate an understanding of the local agencies that can assist with sexual health, safe sex practices, contraception, etc.
<p>Example activities or lesson topics: -</p>	

**There was not unanimous consensus on this item. KIBSD Board of Education will have ultimate decision-making authority on the inclusion/exclusion of this item in the final curriculum document. See "Curriculum Process" document for more information about the consensus-building process utilized by the committee.*