

SUBSTANCE USE, MISUSE & PREVENTION
Grades 9-12

Essential Learning 1	
<i>Students will avoid the use, misuse, and abuse of alcohol, tobacco, and other drugs.</i>	
Knowledge Expectation	Skill Expectation
<ul style="list-style-type: none"> • Understand how to stay safe in risky situation involving alcohol, tobacco, and other drugs. • Understand the dangerous effects of using alcohol tobacco and other drugs. • Understand resources in the community and nation for alcohol and drug misuse. • Understand the dangerous effects of using alcohol, tobacco, and other drugs simultaneously. • Understand how to prevent overdose. • Determine the value of applying responsible decision making related to tobacco, alcohol and other drug use. 	<ul style="list-style-type: none"> • Identify strategies to maintain a substance-free lifestyle for self and others. • Identify the dangers of use and abuse of alcohol, nicotine, and other drugs. • Practice refusal skills for situations when alcohol, tobacco, or other drugs are present. • Recognize the signs of an overdose. • Recognize the signs and symptoms of dependence on alcohol, tobacco and other drugs. • Summarize family rules, school rules, and community laws about alcohol, tobacco and other drugs. • Distinguish between social and binge drinking. • Analyze short- and long-term benefits of remaining tobacco, alcohol and other drug free.
Example activities or lesson topics: -	

Essential Learning 2	
<i>Students will learn the categories of legal and illegal drugs</i>	
Knowledge Expectation	Skill Expectation
<ul style="list-style-type: none"> • Understand the proper use of over the counter and prescription medications. • Understand the difference between legal and illegal drugs. 	<ul style="list-style-type: none"> • Analyze how drugs can be legal and illegal in different scenarios. • Analyze different categories of drugs, their use, and their levels of addition/misuse. • Analyze the relationship of alcohol and other drug use to the major causes of death and disease in communities.
Example activities or lesson topics: -	

Essential Learning 3	
<i>Students will understand effects of the use, misuse, and abuse of alcohol, tobacco, cannabis, and other drugs on families, communities, and society.</i>	
Knowledge Expectation	Skill Expectation
<ul style="list-style-type: none"> • Understand resources in the community and nation for alcohol and drug misuse. • Understand appropriate strategies to support family and friends who are trying to stop using alcohol, tobacco, and other drugs. 	<ul style="list-style-type: none"> • Analyze how family, culture, media, peers, and personal beliefs affect a decision related to alcohol and other drug use. • Collaborate with others to advocate for personal, family, and community to be alcohol, tobacco and other drug free. • Analyze how drug use and misuse can impact families, communities and society.
Example activities or lesson topics: -	