

SAFETY UNIT

Grades 9-12

Essential Learning 1	
<i>Students will identify the warning signs when a person may be at risk for harming themselves and when and how to seek help.</i>	
Knowledge Expectation	Skill Expectation
<ul style="list-style-type: none"> Understand in age-appropriate suicide intervention program. Understand the warning signs of someone at risk of harming themselves. <p>**highlighted found in MEH unit too**</p>	<ul style="list-style-type: none"> Analyze how substance use influences the likelihood of engaging in violent behaviors. Demonstrate how to intervene and direct a person to resources if showing signs of suicidal ideation. Determine when it is time for someone to seek help with mental health. Demonstrate the skills to seek help for someone at risk of harming themselves.
Example activities or lesson topics: <ul style="list-style-type: none"> QPR, SafeTalk 	

Essential Learning 2	
<i>Students will understand how to be safe in a digital world.</i>	
Knowledge Expectation	Skill Expectation
<ul style="list-style-type: none"> Understand potential legal consequences of inappropriate online behavior. Learn about the positive impact of social media. 	<ul style="list-style-type: none"> Evaluate the impact of technology on personal, family, and community health. Describe how sharing or posting personal information electronically about self or others on social media sites (e.g., chat groups, e-mail, texting, websites, phone, and apps) can negatively impact personal safety of self and others.
Example activities or lesson topics: <ul style="list-style-type: none"> Smart Social resources 	

Essential Learning 3	
<i>Students will identify ways to reduce safety hazards at home, school, and community. (e.g., around water, playing sports, firearms, severe weather, walking on roads, driving)</i>	
Knowledge Expectation	Skill Expectation
<ul style="list-style-type: none"> Understand behaviors and strategies that prevent injury. The relationship between the use of alcohol, tobacco, and other drugs and injury. Understand how to be safe while riding in or driving a motor vehicle. Actions to take in case of natural disaster, emergency, or acts of violence (e.g., first aid, CPR). Understand how to get help for oneself or others when injured or suddenly ill. 	<ul style="list-style-type: none"> Analyze and reflect on personal responsibility in preventing injury to self and others. Recognize when professional services are needed in unsafe situations and when there is an injury. Evaluate public health and government policies that help prevent injury. Explore how to recognize situations that may lead to injury between individuals, in groups, and in communities.
Example activities or lesson topics: <ul style="list-style-type: none"> Smart Social resources Impaired driving activities 	