

Violence Prevention

Grades 6-8

Essential Learning 1	
<i>Students will recognize different types of abuse and learn about reporting procedures and resources.</i>	
Knowledge Expectation	Skill Expectation
<ul style="list-style-type: none"> • Understand the cycles of abuse and violence. • Understand how to recognize situations that may lead to violence between individuals, in groups, and in communities. • Understand boundaries and their role in healthy living. • Understand the characteristics of healthy relationships (found in MEH too) 	<ul style="list-style-type: none"> • Practice strategies for setting and respecting boundaries for self and others. • Demonstrate understanding of local, state and national resources to report abuse. • Describe types of violence and how to protect yourself from harm.
Example activities or lesson topics: - Alaska Safe Children's Act	

Essential Learning 2	
<i>Students will understand conflict resolution.</i>	
Knowledge Expectation	Skill Expectation
<ul style="list-style-type: none"> • Understand the difference between passive, aggressive and assertive behaviors. • Understand managing anger. • Understand what triggers are. • Advocate for self or others. • Understand what it means to work collaboratively to resolve a problem. 	<ul style="list-style-type: none"> • Practice assertive behaviors and communication. • Practice conflict resolution techniques, active listening, assertive communication, and empathy to strengthen relationships and resolve interpersonal conflict. • Practice communication skills that enhance health, including explaining when a trusted adult may need to be brought in. • Practice active listening. • Demonstrate the ability to apply a decision-making process to health issues and problems individually and collaboratively.
Example activities or lesson topics: -	

Essential Learning 3	
<i>Students will understand the role of bystanders in preventing, stopping, or escalating bullying and other forms of violence.</i>	
Knowledge Expectation	Skill Expectation
<ul style="list-style-type: none"> • Understand the importance of responding to diversity in ways that build empathy, respect, and understanding. • Understand how prejudice, discrimination, and bias can lead to trauma, violence, and other adverse consequences. • Understand the impacts of power differences in relationships. 	<ul style="list-style-type: none"> • Advocate for preventing violence and all forms of bullying. • Practice how to set personal boundaries. • Describe how friends and peers influence healthy and unhealthy behaviors. • Practice and demonstrate effective bystander strategies.
Example activities or lesson topics: - Green dot	