

Substance Use and Misuse

Grade 6-8

Essential Learning 1	
<i>Students will understand the mental and physical consequences of alcohol, tobacco, and other drug use on their health.</i>	
Knowledge Expectation	Skill Expectation
<ul style="list-style-type: none"> • Learn how to distinguish between the proper use, misuse, and abuse of over the counter and prescription medicines. • Understand why the use of alcohol, tobacco, cannabis, and other drugs is an unhealthy way to manage stress. • Learn the benefits of being drug free. 	<ul style="list-style-type: none"> • Assess personal beliefs and behaviors that prevent the use of alcohol, tobacco, cannabis, and other drugs. • Analyze how alcohol, tobacco (including chewing tobacco), and other drug use affect health including: Effects on body systems, brain development, probability of dependence and/or addiction, relationship to disease, legal, social, emotional, family, and community effects.
Example activities or lesson topics: -	

Essential Learning 2	
<i>Students will comprehend that most teens do not use alcohol, tobacco, or other drugs.</i>	
Knowledge Expectation	Skill Expectation
<ul style="list-style-type: none"> • Learn school policies and community laws related to the use of alcohol, tobacco, cannabis, and other drugs. 	<ul style="list-style-type: none"> • Analyze the influence of family, school, peers, culture, media (including marketing techniques), personal values, and perceived norms on the use of alcohol, tobacco, cannabis, and other drugs. • Practice using decision-making skills in peer-pressure settings to avoid alcohol, tobacco, cannabis, and other drug use.
Example activities or lesson topics: -	

Essential Learning 3	
<i>Students will understand short and long-term impacts of drug misuse.</i>	
Knowledge Expectation	Skill Expectation
<ul style="list-style-type: none"> • Understand the relationship between using alcohol, tobacco, cannabis, and other drugs and other health risks, including unintentional injuries, violence, suicide, and sexual risk behaviors. • Learn the signs and symptoms of dependence on alcohol, tobacco, cannabis, and other drugs, and treatment options for addiction. 	<ul style="list-style-type: none"> • Predict immediate and long-term effects of using drugs, alcohol, and tobacco. • Describe situations that require professional substance abuse treatment services and locate community resources.
Example activities or lesson topics: -	