Alaska Statewide: Alternative HS 2015

Compared to

Alaska Statewide: Traditional HS 2015

Combined Graphs Report

If you need any other information or encounter material on our website that you are unable to access and need assistance, please contact:

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with the:
Section of Chronic Disease Prevention and Health Promotion
Alaska Department of Health and Social Services
2015 YOUTH RISK BEHAVIOR SURVEY

Alaska Statewide Alternative High School Sample

Sample Description:
School Level - There were 16 alternative schools selected for the statewide alternative sample. These schools were selected based on criteria that they served students who were disproportionately at risk youth who have been unsuccessful in traditional school settings.
Class Level - All classes in the eligible schools were surveyed.

Response Rates:
Schools - 100% 14 of 14 sampled schools participated.
Students - 64% 913 of the 1432 sampled students submitted questionnaires.
Overall response rate - 100% * 64% = 64%

Note:
Because the overall response rate equaled or exceeded the 50% threshold established for schools that administer surveys to all of their students, the data were weighted and are representative of the entire student body. Confidence intervals are generated for weighted data where the number of responses is greater than or equal to 100 and

<table>
<thead>
<tr>
<th>District</th>
<th>School</th>
<th>Surveys</th>
<th>Class Enrollment</th>
<th>Response Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>SUMARY</td>
<td></td>
<td>913</td>
<td>1432</td>
<td>64%</td>
</tr>
<tr>
<td>Anchorage</td>
<td>AVAIL School</td>
<td>12</td>
<td>66</td>
<td>18%</td>
</tr>
<tr>
<td>Anchorage</td>
<td>Benson Secondary/S.E.A.R.C.H.</td>
<td>110</td>
<td>248</td>
<td>44%</td>
</tr>
<tr>
<td>Anchorage</td>
<td>Crossroads School</td>
<td>4</td>
<td>17</td>
<td>24%</td>
</tr>
<tr>
<td>Anchorage</td>
<td>S.A.V.E. High School</td>
<td>84</td>
<td>175</td>
<td>48%</td>
</tr>
<tr>
<td>Delta/Greely</td>
<td>New Horizons High School</td>
<td>5</td>
<td>12</td>
<td>42%</td>
</tr>
<tr>
<td>Juneau Borough</td>
<td>Yaakoosge Daakahidi Alt. High School</td>
<td>45</td>
<td>82</td>
<td>55%</td>
</tr>
<tr>
<td>Kenai Peninsula Borough</td>
<td>Homer Flex High School</td>
<td>16</td>
<td>34</td>
<td>47%</td>
</tr>
<tr>
<td>Kenai Peninsula Borough</td>
<td>Kenai Alternative High School</td>
<td>40</td>
<td>59</td>
<td>68%</td>
</tr>
<tr>
<td>Ketchikan Gateway</td>
<td>Revilla Jr/Sr High School</td>
<td>94</td>
<td>105</td>
<td>90%</td>
</tr>
<tr>
<td>Lower Kuskokwim</td>
<td>Kuskokwim Learning Academy</td>
<td>56</td>
<td>90</td>
<td>62%</td>
</tr>
<tr>
<td>Mat-Su Borough</td>
<td>Burchell High School</td>
<td>253</td>
<td>300</td>
<td>84%</td>
</tr>
<tr>
<td>Mat-Su Borough</td>
<td>Valley Pathways</td>
<td>153</td>
<td>171</td>
<td>89%</td>
</tr>
<tr>
<td>North Slope Borough</td>
<td>Kiita Learning Community</td>
<td>10</td>
<td>32</td>
<td>31%</td>
</tr>
<tr>
<td>Sitka</td>
<td>Pacific High School</td>
<td>31</td>
<td>41</td>
<td>76%</td>
</tr>
</tbody>
</table>
Sample Description:

School Level - All regular public schools containing grades 9, 10, 11, or 12 with enrollments of ten or more were included in the sampling frame. Schools were selected systematically with probability proportional to enrollment in grades 9 through 12 using a random start. 43 schools were sampled.

Class Level - All classes meeting during a particular period of the day were included in the sampling frame. Systematic equal probability sampling with a random start was used to select classes from each school that participated in the survey.

Response Rates:

Schools - 98% 41 of 42 sampled schools participated
Students - 64% 1,428 of the 2,223 sampled students submitted questionnaires.

1,418 questionnaires were usable after data editing.

Overall response rate - 98% * 64% = 62%

Special Note:

Because the overall response rate equaled or exceeded the 60% threshold established for schools that administer surveys to a sample of students, the data are weighted and are representative of the entire student body. Confidence intervals are generated where there are at least 100 survey responses.
Among students who rode a bicycle during the past 12 months, the percentage who rarely or never wore a bicycle helmet (Risk)

Percentage of students who rarely or never wore a seat belt when riding in a car driven by someone else (Risk)

Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol (Risk)

Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol (Risk)

Among students who drove a car or other vehicle during the past 30 days, the percentage who texted or e-mailed while driving (Risk)

Data statistically unreliable (DSU) indicates less than 100 respondents.
2015 YOUTH RISK BEHAVIOR SURVEY

Violence - Risk Behaviors

- Percentage of students who did not go to school on at least one of the past 30 days because they felt they would be unsafe at school or on their way to or from school (Risk)
- Percentage of students who were in a physical fight one or more times during the past 12 months (Risk)
- Percentage of students who carried a weapon such as a gun, knife, or club on school property on at least one of the past 30 days (Risk)
- Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to (Risk)
- Among students who dated or went out with someone, the percentage who had been physically hurt on purpose by someone they were dating or going out with one or more times during the past 12 months (Risk)
- Among students who dated or went out with someone, the percentage who had been forced by someone they were dating or going out with to do sexual things they did not want to during the past 12 months (Risk)

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2015 YOUTH RISK BEHAVIOR SURVEY

Sad Feelings & Attempted Suicide - Risk Behaviors

- Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months (Risk): 44.6%
- Percentage of students who had seriously considered attempting suicide during the past 12 months (Risk): 28.0%
- Percentage of students who made a plan about how they would attempt suicide during the past 12 months (Risk): 20.1%
- Percentage of students who actually attempted suicide one or more times during the past 12 months (Risk): 19.7%
- Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (Risk): 10.7%
- Percentage of students who agree or strongly agree that they feel alone in their life (Risk): 29.7%

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<table>
<thead>
<tr>
<th>Indicator</th>
<th>Percentage of Students</th>
<th>Data statistically unreliable (DSU) indicates less than 100 respondents.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percentage of students who had ever tried cigarette smoking, even one or two puffs (Risk)</td>
<td>77.1%</td>
<td></td>
</tr>
<tr>
<td>Percentage of students who smoked cigarettes on at least one of the past 30 days (current cigarette use) (Risk)</td>
<td>45.3%</td>
<td></td>
</tr>
<tr>
<td>Percentage of students who used chewing tobacco, snuff, dip, or Iqmik during the past 30 days (Risk)</td>
<td>20.2%</td>
<td></td>
</tr>
<tr>
<td>Percentage of students who used electronic vaping products (e-cigarettes, e-cigars, e-pipes, vape papes, vaping pens, e-hookahs, and hookah pens such as blue, NJOY, or Starbuzz) on at least one of the past 30 days (current vaping use) (Risk)</td>
<td>42.2%</td>
<td></td>
</tr>
<tr>
<td>Percentage of students who smoked cigarettes or cigars, or used smokeless tobacco (including Iqmik) or electronic vapor products during the past 30 days (Risk)</td>
<td>61.7%</td>
<td></td>
</tr>
</tbody>
</table>
2015 YOUTH RISK BEHAVIOR SURVEY

Tobacco Perception of Harm - Protective Behaviors

Alaska Statewide: Alternative HS 2015
Alaska Statewide: Traditional HS 2015

Indicator:
- Percentage of students who think smoking one or more packs of cigarettes per day has moderate risk or great risk of harm (Protective)
- Percentage of students who think there is little chance or no chance of being seen as cool if they smoke cigarettes (Protective)
- Percentage of students whose parents consider it wrong or very wrong for them to smoke cigarettes (Protective)

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2015 YOUTH RISK BEHAVIOR SURVEY

Alcohol & Marijuana - Risk Behaviors

- Alaska Statewide: Alternative HS 2015
- Alaska Statewide: Traditional HS 2015

Indicator

1. Percentage of students who had at least one drink of alcohol on at least one day during their life (Risk)
   - 2015: 77.1%
   - 2015: 54.4%

2. Percentage of students who had at least one drink of alcohol on at least one of the past 30 days (current alcohol use) (Risk)
   - 2015: 41.8%
   - 2015: 22.0%

3. Percentage of students who had five or more drinks of alcohol in a row within a couple of hours, during the past 30 days (Risk)
   - 2015: 27.7%
   - 2015: 12.5%

4. Percentage of students who had used marijuana one or more times during their life (Risk)
   - 2015: 78.7%
   - 2015: 38.8%

5. Percentage of students who had used marijuana one or more times during the past 30 days (Risk)
   - 2015: 49.7%
   - 2015: 19.0%

Data statistically unreliable (DSU) indicates less than 100 respondents.
2015 YOUTH RISK BEHAVIOR SURVEY

Alcohol & Marijuana Perception of Harm - Protective Behaviors

- Alaska Statewide: Alternative HS 2015
- Alaska Statewide: Traditional HS 2015

**Indicator**

- Percentage of students who think drinking five or more alcoholic beverages once or twice a week has moderate risk or great risk of harm (Protective)

- Percentage of students who think there is little chance or no chance of being seen as cool if they drink alcohol regularly (Protective)

- Percentage of students whose parents consider it wrong or very wrong for them to have one or two alcoholic drinks per day (Protective)

- Percentage of students who think smoking marijuana once or twice a week has moderate risk or great risk of harm (Protective)

- Percentage of students who think there is little chance or no chance of being seen as cool if they smoke marijuana (Protective)

- Percentage of students whose parents consider it wrong or very wrong for them to smoke marijuana (Protective)

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2015 YOUTH RISK BEHAVIOR SURVEY

Other Drugs - Risk Behaviors

- **Alaska Statewide: Alternative HS 2015**
- **Alaska Statewide: Traditional HS 2015**

### Indicator
- Percentage of students who had used any form of cocaine, including powder, crack, or freebase one or more times during their life (Risk)
  - **Alaska Statewide: Alternative HS 2015**: 21.8%
  - **Alaska Statewide: Traditional HS 2015**: 4.6%

- Percentage of students who had sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life (Risk)
  - **Alaska Statewide: Alternative HS 2015**: 15.2%
  - **Alaska Statewide: Traditional HS 2015**: 6.3%

- Percentage of students who had used heroin one or more times during their life (Risk)
  - **Alaska Statewide: Alternative HS 2015**: 11.0%
  - **Alaska Statewide: Traditional HS 2015**: 2.2%

- Percentage of students who had used methamphetamines one or more times during their life (Risk)
  - **Alaska Statewide: Alternative HS 2015**: 14.5%
  - **Alaska Statewide: Traditional HS 2015**: 2.6%

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**2015 YOUTH RISK BEHAVIOR SURVEY**

**Other Drugs - Risk Behaviors**

- **Indicator:** Percentage of students who had used ecstasy one or more times during their life (Risk)
  - **Alaska Statewide: Alternative HS 2015:** 19.9%
  - **Alaska Statewide: Traditional HS 2015:** 4.1%

- **Indicator:** Percentage of students who had ever used synthetic marijuana (also called K2, Spice, fake weed, King Kong, Uucatan Fire, Skunk, or Moon Rocks) during their life (Risk)
  - **Alaska Statewide: Alternative HS 2015:** 29.5%
  - **Alaska Statewide: Traditional HS 2015:** 7.5%

- **Indicator:** Percentage of students who have ever taken a prescription drug without a prescription from a doctor during their life (Risk)
  - **Alaska Statewide: Alternative HS 2015:** 37.4%
  - **Alaska Statewide: Traditional HS 2015:** 14.6%

- **Indicator:** Percentage of students who took a prescription drug without a prescription from a doctor one or more times during the past 30 days (Risk)
  - **Alaska Statewide: Alternative HS 2015:** 19.8%
  - **Alaska Statewide: Traditional HS 2015:** 6.4%

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Other Drugs Perception of Harm - Protective & Risk Behaviors

**Alaska Statewide: Alternative HS 2015**

- Percentage of students who think people have moderate risk or great risk of harming themselves if they use prescription drugs without a doctor's prescription (Protective): 75.1%
- Percentage of students whose parents consider it wrong or very wrong for them to use prescription drugs without a doctor's prescription (Protective): 78.7%
- Percentage of students whose parents who consider it a little bit wrong or not wrong at all for them to use prescription drugs without a doctor's prescription (Risk): 8.1%

**Alaska Statewide: Traditional HS 2015**

- Percentage of students whose parents consider it wrong or very wrong for them to use prescription drugs without a doctor's prescription (Protective): 86.8%
- Percentage of students whose parents who consider it a little bit wrong or not wrong at all for them to use prescription drugs without a doctor's prescription (Risk): 5.4%

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2015 YOUTH RISK BEHAVIOR SURVEY

Sexual Behavior - Risk Behaviors

- **Alaska Statewide: Alternative HS 2015**
- **Alaska Statewide: Traditional HS 2015**

**Indicator**

1. **Percentage of students who had ever had sexual intercourse (Risk)**
   - 36.9%

2. **Percentage of students who had sexual intercourse for the first time before age 13 years (Risk)**
   - 13.5%

3. **Percentage of students who have had sexual intercourse with four or more people during their life (Risk)**
   - 37.2%

4. **Percentage of students who have had sexual intercourse with at least one person during the past 3 months (Risk)**
   - 54.6%

5. **Among students who had sexual intercourse during the past 3 months, the percentage who drank alcohol or used drugs before last sexual intercourse (Risk)**
   - 28.6%

- **Percentage of Students**

Data statistically unreliable (DSU) indicates less than 100 respondents.
Among students who had sexual intercourse during the past 3 months, the percentage who used a condom during last sexual intercourse (Protective):

- Alaska Statewide: Alternative HS 2015: 39.4%
- Alaska Statewide: Traditional HS 2015: 61.9%

Among students who had sexual intercourse during the past 3 months, the percentage who did not use a condom during last sexual intercourse (Risk):

- Alaska Statewide: Alternative HS 2015: 60.6%
- Alaska Statewide: Traditional HS 2015: 38.1%

Among students who had sexual intercourse during the past 3 months, the percentage who used an IUD or implant, or a birth control shot, patch, or ring to prevent pregnancy (Protective):

- Alaska Statewide: Alternative HS 2015: 30.2%
- Alaska Statewide: Traditional HS 2015: 16.2%

Among students who had sexual intercourse during the past three months, the percentage who used no method of birth control to prevent pregnancy (Risk):

- Alaska Statewide: Alternative HS 2015: 17.1%
- Alaska Statewide: Traditional HS 2015: 10.4%

Percentage of students had been taught in school about preventing sexually transmitted diseases (STD) (Protective):

- Alaska Statewide: Alternative HS 2015: 89.9%
- Alaska Statewide: Traditional HS 2015: 87.6%

Data statistically unreliable (DSU) indicates less than 100 respondents.
2015 YOUTH RISK BEHAVIOR SURVEY

- **Percentage of students who are obese (i.e., at or above the 95th percentile for body mass index, by age and sex) (Risk)**: 22.7%
- **Percentage of students who are overweight or obese (i.e., at or above the 85th percentile for body mass index, by age and sex) (Risk)**: 42.5%
- **Percentage of students who ate fruits two or more times per day and ate vegetables three or more times per day during the past 7 days (Protective)**: 7.0%
- **Percentage of students who drank soda or another sugar-sweetened drink (including sports drinks) zero times during the past 7 days (Protective)**: 9.1%

Data statistically unreliable (DSU) indicates less than 100 respondents.
Physical Activity - Protective & Risk Behaviors

- **Indicator**: Percentage of students who did exercises to strengthen or tone their muscles (e.g., push-ups, sit-ups, or weight lifting) on three or more days during the past 7 days (Protective)
  - **Alaska Statewide: Alternative HS 2015**: 36.4%
  - **Alaska Statewide: Traditional HS 2015**: 50.4%

- **Indicator**: Percentage of students who were physically active for a total of at least 60 minutes per day on all seven of the past 7 days (Protective)
  - **Alaska Statewide: Alternative HS 2015**: 15.9%
  - **Alaska Statewide: Traditional HS 2015**: 20.9%

- **Indicator**: Percentage of students who watched TV, played videos, or used the computer for reasons other than school work for three or more hours per day on an average school day (Risk)
  - **Alaska Statewide: Alternative HS 2015**: 54.0%
  - **Alaska Statewide: Traditional HS 2015**: 53.0%

- **Indicator**: Percentage of students who attended physical education (PE) classes on no days in an average week when they were in school (Risk)
  - **Alaska Statewide: Alternative HS 2015**: 63.3%
  - **Alaska Statewide: Traditional HS 2015**: 56.8%

- **Indicator**: Percentage of students who attended physical education (PE) classes five days in an average week when they were in school (Protective)
  - **Alaska Statewide: Alternative HS 2015**: 18.0%
  - **Alaska Statewide: Traditional HS 2015**: 15.9%

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2015 YOUTH RISK BEHAVIOR SURVEY

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Alaska Statewide: Alternative HS 2015</th>
<th>Alaska Statewide: Traditional HS 2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percentage of students who had seen a dentist (for a check-up, exam, teeth cleaning, or other dental work) during the past 12 months (Protective)</td>
<td>59.4%</td>
<td>70.3%</td>
</tr>
<tr>
<td>Percentage of students who had ever been told by a doctor or nurse that they had asthma (Risk)</td>
<td>24.7%</td>
<td>49.4%</td>
</tr>
<tr>
<td>Percentage of students who have had serious difficulty concentrating, remembering, or making decisions because of a physical, mental, or emotional problem (Risk)</td>
<td>37.5%</td>
<td>27.1%</td>
</tr>
<tr>
<td>Percentage of students who usually slept with friends, family, or other people because their parents or they lost their home or cannot afford housing in the past 30 days (Risk)</td>
<td>5.4%</td>
<td>3.2%</td>
</tr>
<tr>
<td>Percentage of students who missed classes or school without permission during the past 30 days (Risk)</td>
<td>45.2%</td>
<td>28.7%</td>
</tr>
</tbody>
</table>

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2015 YOUTH RISK BEHAVIOR SURVEY

Student Connectedness - Protective Behaviors

Alaska Statewide: Alternative HS 2015
Alaska Statewide: Traditional HS 2015

Indicator | Percentage of Students
--- | ---
Percentage of students who had at least one parent who talked with them about what they were doing in school about every day (Protective) | 23.7%
Percentage of students who agree or strongly agree that their teachers really care about them and give them a lot of encouragement (Protective) | 73.3%
Percentage of students who would feel comfortable seeking help from at least one adult besides their parents if they had an important question affecting their life (Protective) | 83.8%
Percentage of students who would feel comfortable seeking help from at least two adults besides their parents if they had an important question affecting their life (Protective) | 68.5%

Data statistically unreliable (DSU) indicates less than 100 respondents.
Student Connectedness - Protective Behaviors

- **Alaska Statewide: Alternative HS 2015**
- **Alaska Statewide: Traditional HS 2015**

**Indicator**

- **Percentage of students who spend one or more hours helping people without getting paid, or volunteering at school or in the community during an average week (Protective)**
  - 43.3%

- **Percentage of students who take part in organized after school, evening, or weekend activities on one or more days during an average week (Protective)**
  - 56.6%
  - 35.9%

- **Percentage of students who agree or strongly agree that in their community they feel like they matter to people (Protective)**
  - 41.8%
  - 52.7%

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